



HOW TO PREPARE FOR INTRAVESICAL MITOMYCIN THERAPY

- Intravesical mitomycin therapy is given in patients who have previously undergone endoscopic surgery for bladder tumor. Only those patients with complete removal of the tumor are given this therapy. Your doctor will let you know if you need this therapy.
- Intravesical mitomycin therapy is given in induction (weekly six doses) and maintenance (monthly doses for 1 year or weekly 3 doses at 3/6/12/18/24/30/36 months as decided by your urologist) regimen parts.
- Along with intravesical therapy, you will also undergo regular check cystoscopy (endoscopic evaluation of the urinary bladder) to make sure that your tumor has not come back.

WHAT HAPPENS ON THE DAY I GET MITOMYCIN?

1. Do not drink for at least 4 hours before your therapy. This is to make sure your bladder is not full. You can sip a little liquid to keep your mouth moist. You can have your breakfast.
2. Do not take any diuretic medicine (water pills) before your appointment. You can take diuretic medicine 4 hours after your therapy. Other medicines may be taken before therapy with a sip of water, if needed.
3. Let your doctor know if you have any urinary burning, fever or blood in urine. The doctor may need to evaluate you for an UTI and withhold therapy that day.
4. You will be made to lie down on the examination table. A catheter will be placed into your bladder to empty any residual urine and instil the mitomycin.
5. The medicine should remain in your bladder for two hours for best results. If you must urinate before two hours, let your doctor know as to how long you were able to hold the medicine.
6. Urinate after two hours. Avoid splashing urine in the urinal. *Men may need to sit for the same.* Completely empty your bladder.
7. Wash your hands and genital area with soap and water after urinating.

For emergency, call your doctor or visit the hospital emergency

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