

HOW TO TAKE CARE OF YOUR URINARY CATHETER

- There may be *normal* yellowish sticky substance found in small amount around urethral meatus/catheter. There is no need to worry about it.
- There may be some whitish flakes in the urinary tube. This is due to phosphate crystals and is a *normal* finding. Do not worry.
- Because of the urinary catheter, there may be some crampy feeling or urgency to pass urine. There may also be brief pelvic or rectal pressure. This is a normal response of bladder to the presence of urinary catheter and is called bladder spasms. It can also occasionally cause urine to squirt out of penis.
- If there is small amount of leak around catheter but the catheter tube is draining well, then do not worry. However, if there is a lot of leak around the catheter and the catheter tube is not draining at all, then the catheter might be blocked and you should inform the doctor.
- Some urine can normally come out around the urinary catheter, especially while passing stools.
- The urine bag should always be kept below body level
- The tip of penis (urethral opening at the site of entry of urethral catheter) should be cleaned with soap and water twice daily. Rinse well.
- Avoid sudden jerk/tug of catheter. Take care while turning in bed or changing positions.
- A latex (yellow) catheter can be safely kept for 3 weeks before need for change. A silicone catheter (transparent) can be kept for a longer period.
- To empty urine bag, open the stop-cap and drain urine into commode. Do not disconnect tube from catheter to drain the bag. Securely close the stop-cap at all other times. Measure the urine in a measured bottle if advised by the doctor.

For emergency, call your doctor or visit the hospital emergency

Dr Devanshu Bansal

MBBS, MS Surgery, Mch Urology (Gold Medalist)
Laparoscopic Urology, Robotics and
Renal Transplant Fellow
ECFMG Certified

Consultant Urology, SDM Hospital, Jaipur

Phone: +91-6378155547

Whatsapp: +91-6378155547

Email: drdevanshu.uro@gmail.com

Website: drdevanshuurology.com