



HOW TO TAKE CARE OF YOUR PCN TUBE

- Avoid sudden jerk/tug of catheter. Take care while turning in bed or changing positions.
- Get regular dressing of the PCN tube (once every 2-3 days or earlier, if soiled).
 During dressing, ensure that the tube does not accidentally get pulled out (if doing dressing at home).
- There may be some whitish flakes in the PCN tube. This is due to phosphate crystals and is a *normal* finding. Do not worry.
- The PCN tube may get kinked on turning towards the same side. If the tube is not draining, look for kinks or sharp bends.
- The urine bag should always be kept below body level.
- In case of a permanent PCN tube, get it regularly changed by your doctor.
- To empty urine bag, open the stop-cap and drain urine into commode. Do not disconnect tube from catheter to drain the bag. Securely close the stop-cap at all other times. Measure the urine in a measured bottle if advised by the doctor.
- In case of fever (with chills), pulled-out tube, non-drainage of the tube or blood in tube, call your doctor or visit the hospital emergency.

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For emergency, call your doctor or visit the hospital emergency

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